

THE LOCAL RAG

RIVERTON COMMUNITY

AUGUST 2024



RIVERTON RSL
Torrens Road

Sunday, 18th August 2024
Commemoration Ceremony
11:00am, at Scholz Park.

Followed by light lunch &
refreshments at RSL House.
All welcome to remember
these veterans.

For more information contact
Daryl - 0411440927 or
Mike - 0417835148



Makers Market

Riverton was buzzing on Sunday, 28th July with the return of a Makers Market at the Town Hall. 35 stall holders filled the hall with an array of quality handcrafted goods.

According to organiser, Tracey Vandeppeer, on behalf of the Possum Nest Craft Group, the input from everyone created a wonderful atmosphere and all accounts from stall holders were that the market was well attended and their wares well received.

The Riverton Primary School P & F raised



approximately 1,000.00 from food, the proceeds of which will go toward projects they have earmarked for the school. Students from the primary school's Nature Club exhibited their talents (see separate article).

An additional \$1,000.00 was raised from stall holders' fees and a raffle, and those proceeds will be donated to the Walara Gilbert Valley Senior Citizen's Home in Riverton.

The Edithburgh Spinners and Weavers made the trek to Riverton and provided demonstrations of their skills along with a display of their talents. Others who travelled from far and wide included a Jamaican artist from Cape Jervis, a 'creams and remedy



maker' from Carrackalinga and 'sewers' from Burra.

The Clare Repair Cafe was also in attendance, providing advice and repair on a variety of items in order to help reduce waste and create a more sustainable future.

Tracey also advised that the organisers were overwhelmed with the amount of support offered by the community and are planning another Riverton Makers Market for the last Sunday in November.

CLUBS at RIVERTON PRIMARY

The organisation of 'Clubs' for students to participate in this year has been initiated by Riverton Primary School Principal, Melissa Claridge. The 'Clubs' include Craft and Play Club, Computer Club, Dance Club and the very popular Nature Club with Mrs. Griffiths.

Kristin has brought Nature Club to life with her enthusiasm and knack for hunting for different natural consumables for the children to use. Students from all Year levels are enjoying constructing/painting/weaving during

their lunch playtime and we were thrilled to be asked to display their work at the recent Makers Market in Riverton.



GILBERT VALLEY LIONS CLUB

After a beautiful luncheon provided by the Riverton Bowling Club on June 23rd 2024, the induction of the 2024/2025 new Management Committee for the Lions Club of Gilbert Valley was held.



The 2024/2025 Fiscal Year of the Lions Club of Gilbert Valley

BACK ROW: Gwyn Morgan, Michael Johnson, Ed Parker, Helen Treloar (FoL), Stuart Paxton and Jodie Stone

MIDDLE ROW: Paul Baker, Marian Lloyd, Marty Gill, John Robbins (FoL) Darren StonE, Alan Millward (FoL)

FRONT ROW: Ros Baker, Carmel Paxton, Eileen Gill, Kerry Parsons (FoL), Jenny Millward (FoL)

APOLOGIES: David Smyth, Anne Gilfillan

The Incoming Committee for 2024/2025 for the Lions Club of Gilbert Valley are:

President : Mr Michael Johnson JP

Secretary: Mrs Carmel Paxton

Treasurer: Mr Stuart Paxton OAM

Immediate Past President: Mrs. Marian Lloyd

This was the 55th Handover year of our club. Our special guest, Brenton Bell, who is the Zone 5 Chairperson of District 201 C1, also announced that at cabinet level recently, everyone was told that we were the fastest growing club in our District, of which we are very proud. We were also recognised as the highest membership recoupment team in the C1 district which consist of 56 other Lions Clubs.



L-R: Tracey Wostikow, Sponsor to Lion Darren Stone and Lion Jodie Stone with outgoing President Marian Lloyd and Incoming

Brenton not only introduced the new committee, but also the induction of 2 new Lions Members, Jodie and Darren Stone. Their Sponsor, Tracey Wostikow, was very supportive of their decision to join this volunteer group.

Our Club is also the first to introduce the "Friends of Lions" group, into which John Robbins was inducted at this luncheon. This gives us 6 members in this little group.

The Immediate Past President nominated Gwyn Morgan to receive an award in appreciation for his continued support and

diligence for the club in 2023/2024.

Carmel and Stuart Paxton were presented with the James D Richardson Award by immediate Past President, Mrs Marian Lloyd.

Our Club meets at 7pm, 6 Spur Street, Saddleworth on the 1st Tuesday of the month.

All enquiries are welcome on either 041 986 7767 or

email: info.gilbertvalleylions@gmail.com

All enquiries welcome.



Emergency Siren at Rhynie CFS Station

The siren at the Rhynie CFS Station has been reinstated, by the Brigade members, for the specific purpose of alerting residents to any significant Emergency that may affect all or most of the town residents. Residents, hearing this siren operating continuously, are advised to go to the CFS website or tune into the ABC on radio in order to receive information about the emergency at hand.

The siren will be tested on the first Saturday morning of each month, between 8.30 and 9.00am, beginning Saturday 1st September 2024. The test will be in the form of 3 short bursts, and residents do not need to respond to any of the tests.

A continuous siren ONLY will be the signal to take action.

Bruce Slape (Captain)



Service Planning Update: Burra, Riverton, and Snowtown Hospitals

What's Happening?

In December 2023, a steering group began co-designing a Service Plan for Burra Hospital, Riverton District Soldiers' Memorial Hospital, and Snowtown Memorial Hospital. This group has been meeting monthly and has considered population statistics, service usage, and feedback from local clinicians, service providers, and community members. The goal is to develop future service models that benefit these communities. It is envisaged the plan will be ready for endorsement in the coming months.

Community Engagement

The steering group extends their sincere thanks to all residents, community members, consumers, clinicians, staff and stakeholders who took the time to participate in the community engagement process and provide input about hospital, Community and Allied Health Services and mental health services in Burra, Riverton, and Snowtown.

We used various methods to collect feedback on current services, challenges, and opportunities to guide future service directions. We informed the community and key partners about how they could be involved, using newsletter articles, targeted Facebook posts, and flyers.

The engagement opportunities included:

Drop-in sessions and "Have Your Say" events in Burra, Riverton, and Snowtown.

Consumer interviews.

Electronic and hard copy surveys available for six weeks, with survey return boxes in local pharmacies, supermarkets, hospitals, and medical centres.

We received 79 completed surveys (60 electronic and 18 hard copies), and two consumer interviews were conducted based on survey indications of interest.

We had 114 people attend the four "Drop-In and Have Your Say" sessions in Burra, Riverton, and Snowtown.

Clinician Engagement Workshop

On March 20, 2024, 49 clinicians and partners gathered at the Clare Sporting Precinct to discuss future healthcare service needs and opportunities for Burra, Riverton, and Snowtown. The event included hospital and health clinical staff, community health staff, HAC, private aged care providers, Ambulance Service, and a local GP.

Discussions focused on general medical, mental health, aged care, and out-of-hospital strategies. The Steering Group has analysed the gathered information to inform the service planning process.

What We Heard

Here's a summary of the feedback from our communities.

Our Strengths:

*Professional, dedicated, and caring staff.
Accessibility and availability of various
services, including hospital, accident and
emergency, GPs, aged care, and community
services.*

Next Steps

In June and July 2024, the steering group will complete the draft plan for consideration by YNLHN.

The plan will then be released by YNLHN and available on the [YNLHN Website](#).

Furthermore, we are committed to addressing the healthcare workforce challenges faced by our services. A collaborative effort is essential in developing strategies to overcome workforce shortages and enhance the quality of care provided to our community.

As part of these efforts, we will collaborate with the local doctors, the South Australian Ambulance Service (SAAS), partner agencies, and clinicians to explore a sustainable service model for our health services. This initiative aims to ensure that we have a robust and resilient workforce capable of meeting the care needs of our communities.

Your continued support and collaboration are vital as we progress with these initiatives.

Thank you for your ongoing commitment to our community's health and wellbeing.



Welcome to the July 2024 Update.

COVID remains in our community and is therefore a timely reminder to all to ensure we remain vigilant in our day-to-day Infection Prevention Control measures including hand hygiene protocols, social distancing and if you are feeling unwell to conduct a RAT and consider alternate visiting arrangements.

As part of Walara's commitment to this community, the Walara Board is pleased to announce the acquisition of Hayfield Plains retirement village in Balaklava from the Church of Christ. This is an important aged care service to our community, strengthening

the bond between home, retirement and residential aged care living.

The Walara website and promotional material will soon be updated to reflect recent redevelopments at Walara Hamley Bridge and Walara Gilbert Valley, along with information about Walara Hayfield Plains. Any enquires can be directed to ceo@walara.au.

The fourth of our International Nurses commences Monday 5 August 2024 and they will work at the Walara Hamley Bridge site adding to the two nurses who work at Walara Balaklava Millcourt and Walara Gilbert Valley.

This remains an important strategy in increasing our own local staff and reducing the number of agency staff currently helping us out.

Redevelopment

The \$6M redevelopment at Walara Gilbert Valley is continuing and the five rooms currently under development on the eastern side should be available by end of July 2024. Construction on the 4 new rooms has also started with frames being erected this week. Photos reflecting recent works are included below.



Walara has been successful in securing a \$1.8M grant to build staff accommodation in Balaklava. This brings the Commonwealth Funding secured in the last 3 years to \$12M to help with the growth and support of aged care initiatives in the 3 townships of Balaklava, Gilbert Valley and Hamley Bridge.

Annual General Meeting

Confirming the Walara AGM will be held Wednesday 16 October 2024 and applications for membership close Friday 16 August 2024.

Any enquires on any of the above matters can be directed to ceo@walara.au.



Jingles Garden members meet on Wednesday mornings from 9.30am to 11.30am to tend to their plots, enjoy a chat and have a cuppa. Members held a luncheon recently where everyone brought a plate to share and most of the food was prepared from produce that people had grown in their plot. The idea was an outstanding success and will be repeated later when summer veg is available.

Jingles Garden has recently won grants for over \$10,000 from the Council, Waterloo Windfarm and SA Government Social Impact Fund to replace the outdoor gazebo, do paving and provide outdoor furniture. The emphasis of this project highlights a role of Jingles Garden to support the wellbeing of our community as a meeting place, not only for Jingles members but the community as a whole.



Again, thank you to our wonderful community for supporting Jingles Garden by purchasing our lovely fresh produce and many comments of support and encouragement.

Leon Schwarz
Coordinator, Jingles
Garden
0476913612.



Jingles Garden has been very busy over the last few months. Winter veggies have grown really well in individual plots as well as bulk plantings in the community section. Several new gardeners have joined and Jingles now has over 20 members.

The Friday stall by Central Hotel has operated most weeks from early June. Caulis, broccoli, pumpkins, silverbeet and rhubarb have been available. Orders have been taken via weekly posts on Riverton Ramblings. The stall is now in recess until summer veggies are ready.

The chrysanthemums were again fantastic for Mother's Day. Over 100 bunches were sold and Jingles' members and helpers did a great job getting them all organised. Although Jan Douglas has retired from her beloved Chrysanthemums, she returned for the few days and was most welcomed.

New to the area?

Feeling lonely or socially isolated?
Maybe you just want to meet new people?

Why not come along and join our
Community Coffee and Chat table?

Tuesday mornings at 10.30am

All welcome to come along!

EMPORIUM BAKEHOUSE



REACHING A CERTAIN AGE

One morning I arose bleary eyed
And headed towards the bedroom door,
When I realized I was now seventy -
I was only sixty-nine the night before!

The blurry image in the bathroom mirror
Made me wonder, who on Earth could
that be?

A quick face wash and a second look -
BLOODY HELL ... IT WAS ME!

There may be a number or various
opinions
When it comes to the state of my mind.
I am happy to tell you, however,
That particular area is fine!

The body on the other hand'
Could be anybody's guess.
Some days it is quite alright,
Other days ... it's a mess!

It is best to make the most of things,
Have a good laugh every day.
Take every hour as it comes -
Is there any better way?

Neale
(Copyright 2024)

Cuzz's Corner

A bookseller conducting a market survey
asked a woman, "Which book has helped
you the most in your life?"

The woman replied, "My husband's
cheque book."

When you see a married man talking to
himself, you know he's just reliving an
argument he'd already lost.

Strangely, my wife wasn't happy at all
when I gave her a ring on our wedding
day. Perhaps I should have texted her
instead.

My tax agent is so
considerate and
compassionate. He's
the only accountant I
know with a recovery
room.



Through the Lens

Seniors Card Photographic Competition and Exhibition



SENIORS CARD Government of South Australia

Through the Lens: 2024 Seniors Card photographic competition and exhibition is delivered by the Office for Ageing Well and Seniors Card to celebrate International Day of Older Persons and South Australia's Week of Ageing Well.

The competition is now in its 13th year and open to all SA Seniors Card members. It celebrates the skills of older South Australians, through the art of photography, and demonstrates that people can learn and create at any age. Whether an amateur or pro, there is the chance to win some great prizes!

Entries close Friday 16 August.

Winners will be chosen across several categories: *Active Ageing, Landscape & Nature, Artistic, Meaningful Connections, Portrait and Judge's Choice*. Entrants are encouraged to use their creativity and consider a variety of areas, including lifestyle, volunteers, lifelong learning, sport, family, arts & culture, leisure, multicultural, vibrant South Australia, landscapes and people.

The 2024 instalment of Through the Lens will see finalists' and winners' entries displayed in an exhibition held at the Adelaide City Library with a launch event on 3 October. The exhibition will be open to the public throughout October.

For more information, visit www.seniorscard.sa.gov.au

Riverton Community Management Committee

Chairperson - John Glistak
Vice Chairperson - Gary Davis
Secretary - Cassy Griffiths
Treasurer - Ruth Stevens
Public Officer - Jackie Bruce

Committee Members -
Gaynor Bottcher & Di Schwarz

Monthly meetings are held on the first Tuesday of every month currently in the supper room of the town hall on Torrens Road.

All community members are welcome to attend these meetings as an observer. For more information please contact a committee member.

RCMC would like to acknowledge and thank ValleyTech for ongoing help and support with the publication of
The Local Rag.

THE LOCAL RAG

The Local Rag is produced every other month.

Any articles or information from Community Groups, Local Schools, Sporting Clubs or other points of interest are welcomed.

All articles & information is required by the last Friday of January, March, May, July, September & November.

If you have something you would like to be included contact details are below.

Cassy Griffiths, 0429472534
griffithsag@bigpond.com

Kaye McInerney, 0437990704
jvmkmcinerney@outlook.com

*On behalf of Riverton Community
Management Committee.*

DISCLAIMER

The material contained in "The Local Rag" is by nature, articles submitted by individuals on behalf of themselves, or groups to which they belong.

Due to space restrictions, articles may be edited without consultation.

The views, thoughts and opinions included in this Newsletter belong solely to their author, and do not necessarily mirror the views and opinions of either the Editors, or the Riverton Community Management Committee.